



COLORADO CHALLENGE

You are invited to support the incredible athletes who will compete in the 2026 Transplant Games. In addition to supporting recipients, living donors, and donor family members as they compete for medals to celebrate their return to health, your participation in the Colorado Challenge will allow you to reinforce the importance of healthy living for ALL and help spread awareness regarding the miracle of donation and transplantation, while experiencing the rewards of competing.

MISSION

The Colorado Challenge is designed to attract a new audience to the 2026 Transplant Games - individuals whose lifestyles and health-conscious routines promote and encourage a way of life that compliments TGA athletes. Recognizing their role within the transplant community, Colorado Challenge participants live healthy lives for their own well being and others. This commitment lowers their own risk of needing a transplant and increases the likelihood of their organs being accepted as a living or deceased donor.

OVERVIEW

The introduction of the Colorado Challenge aligns with the Transplant Life Foundation's resolve to join Colorado's example of healthy living by inspiring people to experience a better tomorrow by living healthier today. With its high levels of physical activity, low obesity rates, and robust healthcare infrastructure, Colorado is widely regarded as one of the healthiest states in the U.S. In addition to the significant role healthy living has on transplant recipients, it plays an equally important role for the everyday person. Your involvement in the Colorado Challenge will raise awareness for organ donation and showcase the transformative power of healthy living. Whether you are a recipient, prospective living donor, someone registered on the donor registry, or simply someone striving for longevity, making healthy choices is essential for living a long and fulfilling life. While prioritizing your health is vital for your personal well-being, it is also important to recognize that organ donation could affect you or someone close to you. Being in optimal health can enhance your ability to give, receive, or support others through the donation and transplant journey. The Colorado Challenge is designed to empower everyone to support healthy living by participating in one or more of the events listed below. Let's get healthier together! Join the challenge in honor of those navigating their transplant journey. Celebrate life, resiliency, and everyone's commitment to a healthier lifestyle.

ELIGIBLE EVENTS

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|--------------------|------------|--------------|------------|
| • Ballroom Dancing | (Friday) | • Bowling | (Date TBD) |
| • Lyrics for Life | (Friday) | • Cornhole | (Date TBD) |
| • 5k Run/Walk | (Saturday) | • Golf | (Date TBD) |
| • Youth Olympiad | (Saturday) | • Pickleball | (Date TBD) |

GUIDELINES

- Colorado Challenge participants will not compete against recipients, living donors, or donor family members.
- Recipients, living donors, and donor family members must compete in their respective divisions.
- Colorado Challenge participants may only register for the events listed above.
- Colorado Challenge participants may only compete in one event per day.
- Colorado Challenge participants may register as an individual or with a team affiliation.
- Medals won by Colorado Challenge participants *will not* count toward final Team Cup Points.

REGISTRATION COST & BENEFITS

The cost of registering for the Colorado Challenge is **\$75**. Individuals wanting to participate in the 5k Run'Walk will have an additional \$35 fee in addition to the base registration fee.

Exciting additional new special event with details to follow!

Frequently Asked Questions

1. *What is the purpose of the Colorado Challenge?*

The purpose of the Colorado Challenge is to support the transplant community by raising awareness for organ donation, promote healthy living, and celebrate the lives of those involved in the transplant journey - while encouraging participation in a meaningful and inspiring event.

2. *How does the Colorado Challenge align with the Transplant Life Foundation's mission?*

It supports the mission of the Transplant Life Foundation by expanding outreach, raising awareness for organ donation, and promoting healthier lifestyles for a better future.

3. *What does this challenge hope to achieve in terms of public awareness?*

This challenge aims to increase the public's understanding of the importance of organ donation and encourage people to adopt healthy lifestyles that can improve transplant outcomes and reduce the need for transplants. It offers a platform for people to take action - physically and socially - toward better health and to see the real impact of wellness on longevity, quality of life, and community contribution.

4. *Who can participate in the Colorado Challenge?*

With the exception of TGA divisional athletes (recipients, living donors, & donor family members) anyone is invited to participate in the Colorado Challenge. This is to ensure there is continued differentiation between honoring and respecting the unique transplant journey of recipients, donors, and donor family members.

5. *Why can't TGA divisional athletes (Division 1, 2, & 3) participate in the Colorado Challenge?*

The Colorado Challenge aims to be an event where caretakers, supporters, and the public can honor recipients, living donors, and donor family members by shining a spotlight on organ donation and healthy living.

6. *What is the difference between how TGA athletes and Colorado Challenge participants compete?*

TGA divisional athletes compete to display their return to health and celebrate the second chance at life offered through organ donation. Colorado Challenge participants compete to shine a brighter spotlight on organ donation and display the important role health plays in the lives of every human being.

7. *Why is healthy living emphasized in connection with organ donation?*

Healthy individuals are more likely to experience better transplant outcomes if they become recipients and are more likely to have their organs transplanted as living or deceased donors.

8. *How does participating in the Colorado Challenge promote healthy living?*

By encouraging physical activity and support from the community, it reinforces daily habits that contribute to long-term health and well-being.

9. *How many events can I participate in for the Colorado Challenge?*

Colorado Challenge participants are limited to one competition per day. Therefore, you can sign up for multiple competitions, but they each have to be on different days.

10. *Is it possible to register with a team, or must I register individually?*

You can register as an individual with no team affiliation or you can intricate your TGA team affiliation at registration.

11. Are there age restrictions for any of the events?

Yes, age restrictions correspond to the age restrictions for TGA divisional athletes. They are as follows:

- Ballroom Dancing: No age restriction
- Lyrics for Life: No age restriction
- 5K Run/Walk: No age restriction
- Bowling: No age restriction
- Youth Olympiad: 0-10 years
- Cornhole: Singles (0-14) Doubles (14+)
- Golf: Singles (6+) Doubles (14+)
- Pickleball: Singles (11+) Doubles (14+)

12. How much does it cost to register for the Colorado Challenge?

The cost to register for the Colorado Challenge is \$75.

13. Is there an additional fee for participating in the 5K Run/Walk?

Yes, there is a \$35 fee for anyone who registers for the 5K Run/Walk.

14. What is included in the \$75 registration fee?

Individuals who pay the \$75 registration fee for the Colorado Challenge are able to participate in one competition per day from the list of eligible events. Participants will also receive a TGA credential, which will give them access to the TGA shuttle and select special events that are included in the registration fee.

15. Where can I register for the Colorado Challenge?

Registration for the Colorado Challenge will be on the TGA website when it opens in December 2025.

16. Do Colorado Challenge participants receive medals?

Yes, participants will compete for gold, silver, and bronze medals. These medals will be different from the TGA medals that division 1, 2, and 3 athletes receive.

17. Will medals from Colorado Challenge events count toward Team Cup Points?

No.

18. Will there be limits to how many participants can register for each competition?

Yes, depending on the competition, there will be pre-established limits to how many people can register for each competition. It will be on a first-come-first-serve basis.